

*God, grant me the serenity to accept
the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.
...Thy will, not mine, be done.*



**Woman to Woman Planning
Committee Members:**

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Sonia S.
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**Woman to Woman
43rd Annual
Sharing & Caring
Workshop
Weekend**

July 19 - 21, 2024

**UC Santa Barbara
San Joaquin Village
650 & 750 Storke Road
Goleta, CA 93117**

www.womantowomanla.org



PROGRAM

FRIDAY

| | | |
|-----------------|-------------------------|------------------------|
| 1:00 - 7:00 pm | Registration | UCSB Front Desk |
| 6:00 - 7:00 pm | Buffet Dinner | Portola Dining Commons |
| 7:15 - 8:30 pm | Welcome & Participation | Linda Vista |
| 9:00 - 10:00 pm | Session 1 Workshops | Workshop Rooms |

Coffee Available from 3:00 pm – 11:00 pm
Hospitality Open Until Midnight in the Fiesta Room

SATURDAY

| | | |
|--|---------------------|------------------------|
| 7:00 - 8:00 am | Breakfast | Portola Dining Commons |
| 8:30 - 9:30 am | Session 2 Workshops | Workshop Rooms |
| 10:00 - 11:00 am | Session 3 Workshops | Workshop Rooms |
| 11:30 - 12:30 pm | Session 4 Workshops | Workshop Rooms |
| 11:30 - 12:30 pm | Q & A Panel | Linda Vista Patio |
| Session 4 Q & A Panel on Linda Vista Patio | | |
| 12:30 - 1:30 pm | Lunch | Portola Dining Commons |
| 1:30 - 4:00 pm | Free Time | See Activities Flyer |
| 4:00 - 5:00 pm | Session 5 Workshops | Workshop Rooms |
| Session 5 Workshops in Esp. 2, 3, 4, 5, 6 & 8 only No Workshops in Esp. 10, Ramona 4123 or 4124, or Linda Vista | | |
| 6:00 - 7:00 pm | Buffet Dinner | Portola Dining Commons |
| 7:30 - 9:00 pm | Speaker Mtg. | Linda Vista |

Coffee Available from 6:30 am – 11:00 pm
Hospitality Open Until Midnight in the Fiesta Room

SUNDAY

| | | |
|------------------|------------------------|------------------------|
| 7:30 - 8:30 am | Breakfast | Portola Dining Commons |
| 9:00 - 10:00 am | Session 6 Workshops | Workshop Rooms |
| 10:30 - 12:00 pm | Speaker Meeting | Linda Vista |
| 12:00 - 1:00 pm | Lunch | Portola Dining Commons |
| 1:00 pm | CHECK OUT & RETURN KEY | UCSB Front Desk |

Coffee Available from 6:30 am – Noon
Beverage/Sales Closes at 10:00 am
Hospitality Closed (no snacks)

Call UCSB Front Desk: (805) 893-7202
(If you get locked out, have plumbing/elect. issues, etc.)

Weekend Quick Links:
<https://womantowomanla.org/weekend-links/>

2024 WORKSHOP SESSIONS

(All 6 workshop titles are offered at each session)

Espacio Rooms & Ramona Lounges

(Espacio rooms same level as Hospitality; Ramona lounges ground floor)

- **Meditation** **Esp. 2**
The other steps can keep most of us sober and somehow functioning. But step eleven can keep us growing, if we try hard and work at it continually. (p. 264, As Bill Sees It / Take Step 11, Bill: W Grapevine 1958)
- **Humility** **Esp. 3**
The principle that we shall find no enduring strength until we first admit complete defeat is the main taproot from which our whole society has sprung and flowered. (p. 22, 12 & 12)
- **Emotional Sobriety** **Esp. 4**
When we developed still more, we discovered the best possible source of emotional stability to be God himself. We found that dependence upon His perfect justice, forgiveness, and love was healthy, and that it would work where nothing else would. (p. 116, 12 & 12)
- **Impatience** **Esp. 5**
"But just how, in these circumstances, does a fellow 'take it easy'? That's what I want to know." (p. 26, 12 & 12)
- **Freedom Through Acceptance** **Esp. 6**
When I stopped living in the problem and began living in the answer, the problem went away. (p. 417, Big Book)
- **Spiritual Awakening & Spiritual Experience** **Esp. 8**
He has been granted a gift which amounts to a new state of consciousness and being. He has been set on a path which tells him he is really going somewhere, that life is not a dead end, not something to be endured or mastered. (p. 107, 12 & 12)
- **Meditation** **Esp. 10**
The other steps can keep most of us sober and somehow functioning. But step eleven can keep us growing, if we try hard and work at it continually. (p. 264, As Bill Sees It / Take Step 11, Bill: W Grapevine 1958)
- **Humility** **Ramona 4123**
The principle that we shall find no enduring strength until we first admit complete defeat is the main taproot from which our whole society has sprung and flowered. (p. 22, 12 & 12)
- **Emotional Sobriety** **Ramona 4124**
When we developed still more, we discovered the best possible source of emotional stability to be God himself. We found that dependence upon His perfect justice, forgiveness, and love was healthy, and that it would work where nothing else would. (p. 116, 12 & 12)
- **Impatience** **Linda Vista**
"But just how, in these circumstances, does a fellow 'take it easy'? That's what I want to know." (p. 26, 12 & 12)
- **Question & Answer Panel** **Linda Vista Patio (SATURDAY SESSION 4 ONLY)**

IMPORTANT INFORMATION

- Workshop attendance is limited to *no more than 20 women per room.*
- No seat saving (except for yourself).
- **Keep keys with you and wear badges at all times.**
- Please be quiet on dorm walkways at night!
- All workshop doors automatically lock and will be opened in advance of meeting times.